



**Manningham**  
**Community Health**  
SERVICES LIMITED

*Yours, Ours, Together*

# FUN WAYS TO PLAY

## DATE:

Friday 5<sup>th</sup> December 2014

## TIME:

10:00 am - 11:00 am

## VENUE:

**Manningham Community  
Health Services**

**44 Balmoral Avenue**

**Lower Templestowe**

*(See overleaf for maps and  
information on parking & public  
transport)*

## COST:

**Free**

## ENQUIRIES AND BOOKINGS:

**BOOKINGS REQUIRED**

**Call: 8841 3000**

**Email:**

**mchs@mannchs.org.au**

## **An exciting new workshop to learn fun ways to keep your child active.**

All children love to be active. Fun Ways To Play is a hands-on workshop that will give you lots of simple ideas to keep your baby, toddler or pre-schooler moving!

Our physiotherapist will share useful tips and information including:

- the importance of physical activity for children
- fun games to play
- simple ideas to include more active play in your child's everyday life.

Our fun filled **Family Play Kits** will also be available to purchase on the day. These include simple games and activities for your children and family to play together.

- Babies, toddlers and pre-schoolers of all abilities are welcome and encouraged to join in on the games.
- As this workshop is hands-on we suggest that you wear comfortable clothing and shoes.

This workshop will be a **FUN** and **VALUABLE** experience for you and your children!



## WHERE TO GO

**44 Balmoral Avenue, Lower Templestowe**

### PARKING

- Parking is available behind the building
- Enter car park via Webb Street
- Accessible spaces are available in the car park
- Check signs for parking restrictions

### PUBLIC TRANSPORT

Bus 305, 364, 906



Manningham Community Health Services Limited is supported by funding from the Commonwealth and Victorian Government.



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## Manningham Community Health Services Limited

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